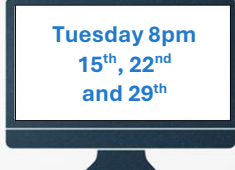





Monthly Prayer
Let us not turn from the world, but be engaged within it. Where there is injustice let us strive for equality and dignity. May our actions be based upon Gospel values, our motives be to serve God alone, and through him, to transform this world. Amen.

October: Social justice

CHURCH ONLINE



Tuesday 8pm
15th, 22nd
and 29th



St. Mary's Carlow
7th November
at 11.30am

Everyone Welcome

Diocesan
HOLY COMMUNION




Dates for your Diary

Meet Ish Lennox in St. Brigid's Cathedral, Kildare
- Friday 18th October at 10.45am

Autumn Council in the Dolmen Hotel, Carlow -
Saturday 26th October at 10.30am

CFO Holy Communion Service in St. Mary's, Carlow
- Thursday 7th November at 11.30am

16 Days of Activism Against Gender-Based Violence
- November 25th to December 10th

PRAY16 via Zoom Nov 25th - Dec 10th at 7.30pm

MU Global Day of Action Service in St. Patrick's,
Stradbally - Saturday 30th November at 3pm

Friday October 18th

Meet Ish Lennox - MU's Faith and Church Relations Manager (MSH)

Tour of St. Brigid's Cathedral Kildare (11.15-11.45am)
Midday Prayer Service
Lunch in the Silken Thomas €30pp (12.45pm)

Gathering in the Cathedral from 10.45am
for light refreshments

Booking for lunch is essential. Names to Sylvia at
mkmothersuniondp@gmail.com by Friday 11.10.24

Afternoon Tea

As Tullow Branch celebrates 120 years of Mothers' Union everyone is invited to join the members on November 10th for Afternoon Tea in St. Columba's School Hall.



(Time to be confirmed)

Autumn Council takes place on Saturday October 26th in the Dolmen Hotel Carlow from 10.30am.

Refreshments on arrival (10am) and light lunch €15pp.
Names and any special dietary needs to Cecily please by Friday the 18th.

All members are welcome to attend!

As Mothers' Union continues to encourage branches and churches to **RISE UP** against domestic abuse, this month we feature 'October – Domestic Violence Awareness Month.'

Why is there a need for such a month annually?

Domestic abuse and domestic violence are everyone's business. It is a deeply rooted problem that impacts on thousands of women, men and children in Ireland. Since May 2024, 6 women have died violently across Ireland. In Northern Ireland the PSNI respond to a call in relation to domestic abuse every 16 minutes. Irish Gardaí received 54,000 domestic abuse complaints in 2023, an increase of 8% compared to 2022. These shocking statistics compel us to ask what we can do, as a people of faith, to make a difference.

Why should I get involved?

We understand that the root of all abuse and violence is what happens in the home. Our homes are not isolated islands, they are part of society and affected by culture. Within these, offenders are creating trauma and violence and these problems become deeply rooted in society.¹ Our Christian faith teaches us to love one another and to respect each other as equals in thought, word and deed. This is our mandate to be aware and be involved.

They are you!

In Ireland, thousands of people are living with the effects of domestic abuse and domestic violence. They are our relatives. They may be our local shopkeeper, our neighbour or the stranger we wave to on the street each day. They might be you.

Preventable

Together, we can break this cycle of abuse and violence. Domestic abuse and domestic violence are endemic, yet totally preventable.

What can we do about it?

Listen and learn – take time to learn more about violence and abuse and the impact it has on women, men and children. Share information and links to support on social media: www.safeireland.ie; www.mensaid.ie; www.womensaidni.org; www.mapni.co.uk. Find out how you can become a Safe Place / Safe Church – www.onustraining.co.uk and talk to your clergy and congregation.

In the meantime, let us thoughtfully consider the words of 1 John 3:18 – 'Let us love not just in words but in action and in truth.'



PRISONS WEEK 2024
13th – 19th of October

Lord, you offer freedom to all people. We pray for those in prison. Break the bonds of fear and isolation that exist. Support with your love prisoners and their families and friends, prison staff and all who care. Heal those who have been wounded by the actions of others, especially the victims of crime. Help us to forgive one another, to act justly, love mercy and walk humbly together with Christ in his strength and in his Spirit, now and every day. Amen.



Join us for PRAY 16 – a short online prayer service every night during the 16 Days of Activism at 7.30pm.

The Zoom link will be emailed with the November newsletter and/or can be sent on request.



October 18th

Lord of the lost, we pray today for all those who are victims of human trafficking: people lured from their homes and families; people deceived while trying to find a better life; people who are desperate to trust anyone. Help us to be more vigilant and watchful; to be aware of those who may need our help, and those who do not know where help may lie. Amen.