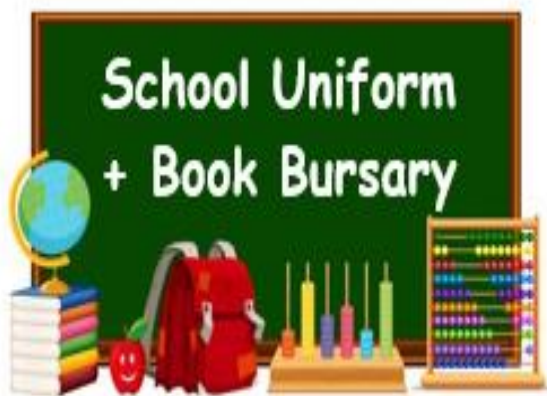


Away from it all 



**Mothers' Union in Cashel, Ferns and Ossory**  
can now offer financial help, through 3 grants schemes.

**AFIA Re-imagined** (Away From It All): covers expenses for short breaks, children's camps and school trips, travel costs for medical appointments, and much more....

**SUBB** (School Uniform and Book Bursary): helps with back-to-school expenses.

**Helping Hands:** is our new Cost of Living grant, which we hope will help to alleviate some of the financial pressure, for those struggling to make ends meet.

Application forms for any of our **3 grant schemes** can be obtained from  
**[cfomothersuniongrants@gmail.com](mailto:cfomothersuniongrants@gmail.com)**

All applications are treated in the strictest confidence and with the utmost respect.