



### MU Prayer Diary Monthly Prayer - November

With faith and resolve we set ourselves to combat gender injustice. May God equip us with all we need to play our part in creating an equal society and pursue justice in the name of Christ. Amen.

#### Autumn Council

The **Autumn Council** will take place on **Tuesday November 22<sup>nd</sup>** in the **Hoban Hotel Kilkenny** from **10am**. **All members** are welcome to attend, but please inform me of your intention to do so, as we need to inform the hotel for set-up and lunch numbers – 085 8890029

Tea/coffee with scones in the morning and lunch of soup, sandwiches, tea/coffee €15 pp.

There will be **drop-off boxes** available on the day for **donations**: shoes for the **'Walk a Mile in My Shoes'** exhibition, selection boxes for the **Midlands Prison**, and items for the **women's refuges**.

#### Tuesday Services via ZOOM

Weekly **Zoom services** continue every **Tuesday at 8pm**.

**1<sup>st</sup> – All Saints Day**

**9<sup>th</sup> – Remembrance Service**

**15<sup>th</sup> – Christ the King**

**22<sup>nd</sup> + 29<sup>th</sup> – 16 Days of Activism Against GBV**

(Please note the change of date to **Wednesday 9<sup>th</sup>** as I will be with Arklow MU for a quiet evening on Tuesday the 8th)



#### The War in Ukraine

God of peace and justice, send your blessing on the people of Ukraine. Sustain them in their courage, hold them in their fear, protect them from all danger and be for them the hope they desire; we ask this for Jesus Christ's sake. Amen.

**Global Day of Action**  
**Saturday November 26<sup>th</sup>**

**Central Service** in  
**All Saint's, Carnew at 7pm**

**Everyone welcome!**

**Mothers' UNION**  
**#NoMore1in3**  
End abuse and violence now



The new **'Walk a Mile in My Shoes'** exhibition will be on display for the first time at the service and as always, we will be collecting **toiletry/clothing items** and **vouchers** for the **refuges** in the diocese.

## Midlands Support

**Santa** will be calling to the children in the **Midlands Prison Visitor's Centre** on **Saturday December 10<sup>th</sup>** and if any branch/member would like to help make it a special day for them, please help us by providing **Selection Boxes** (the 2/3 for €5 size and preferably Cadbury's). They can be brought along to Autumn Council where a drop-off box will be available.



The Visitor's Centre has also asked if we could provide them with some **Trauma Teddies** and so I am asking anyone interested in knitting them, to contact me **ASAP** so that I can bulk order the required **CE approved wool**, and bring it to Autumn Council for distribution. Thanks. (085 8890029)



In Flanders Fields by  
Lt. Col. John McCrea MD

In Flanders fields the poppies blow,  
between the crosses, row on row,  
that mark our place; and in the sky.  
The larks, still bravely singing, fly,  
scarce heard amid the guns below.

We are the Dead. Short days ago  
we lived, felt dawn, saw sunset glow,  
loved and were loved, and now we lie,  
in Flanders fields.

Take up our quarrel with the foe:  
to you from failing hands we throw  
the torch; be yours to hold it high.  
If ye break faith with us who die,  
we shall not sleep, though poppies grow,  
in Flanders fields.

## Pumpkin Soup

### You will need:

- 2 tbsp olive oil
- 2 onions, finely chopped
- 1kg pumpkin peeled, deseeded  
and chopped into chunks
- 700ml vegetable or chicken stock
- 150ml double cream



### To make pumpkin soup:

- Heat 2 tbsp olive oil in a large saucepan, then gently cook 2 finely chopped onions for 5 mins, until soft but not coloured.
- Add 1kg pumpkin or squash, cut into chunks, to the pan, then carry on cooking for 8-10 mins, stirring occasionally until it starts to soften and turn golden.
- Pour 700ml vegetable or chicken stock into the pan and season with salt and pepper. Bring to the boil, then simmer for 10 mins until the squash is very soft.
- Pour 150ml double cream into the pan, bring back to the boil, then purée with a hand blender.
- For an extra-velvety consistency you can pour the soup through a fine sieve.



## Mothers' Union

**The Mothers' Union** believes that faith and compassion have the power to change lives. Each year, across the world, members work tirelessly to improve the quality of life for those around them. They do this as part of their personal commitment to show their faith in action. We work in three core areas to help communities transform:

- **Stopping Violence – through Peace & Safety**
- **Stopping Injustice – through Gender Justice**
- **Stopping Hunger - by increasing Self-Reliance**

While local projects can be diverse, there are some common themes which are important to the entire membership. These include maintaining a worldwide Christian fellowship, promoting favourable conditions in society for stable family life, and helping as many families as is possible who have met with adversity.

**New members (both women and men) are always welcome!**